



# You are Important to Us and to Your Family.



Division 1181 A.T.U. New York Welfare Fund wants to help members stay healthy and active for as long as possible, so we have partnered with Life Line Screening to make preventive health screenings available to members and covered dependents for minimal cost.

The screenings identify risk for stroke, cardiovascular disease, abdominal aortic aneurysm, and other chronic conditions. The National Stroke Association warns that risk of stroke doubles every year after age 55, and cardiovascular disease is the #1 cause of death in the U.S. Discovering risk factors before you have symptoms will allow you and your doctor to work together to potentially prevent chronic disease.

## The key preventive health screenings are:

- **Stroke/Carotid Artery Screening** — An ultrasound examination of the carotid arteries, to detect buildup of fatty plaque — the leading cause of strokes.
- **Abdominal Aortic Aneurysm Screening** — An ultrasound examination of the abdominal aorta, to detect an enlargement, which could rupture.
- **Atrial Fibrillation** — EKG sensors are placed on the arms and legs to detect an irregular heart rhythm that increases the risk of stroke by five times.
- **Peripheral Arterial Disease Screening (PAD)** — An ultrasound examination of the lower limbs to detect arterial plaque buildup in the lower extremities.
- **Osteoporosis Risk Assessment Screening** — A scan of the heel bone to identify abnormal bone density
- **Annual 6 For Life Health Assessment** — A screening that analyzes your risk for six chronic conditions: Heart Disease, congestive heart failure, stroke, diabetes, chronic obstructive pulmonary disease (COPD), and lung cancer.

**Don't wait—call toll free today at [1-888-754-1543](tel:1-888-754-1543) to schedule your appointment. Please use **Priority Code BATU117** to receive the special **Local 1181 pricing**. Visit us at [www.lifelinescreening.com/atu](http://www.lifelinescreening.com/atu).**

Sincerely

*Nathalie Garbani*

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**DIVISION 1181 A.T.U.  
NEW YORK WELFARE FUND**

